CHART OF UNITED KINGDOM AIRSPACE RESTRICTIONS AND HAZARDOUS AREAS

Danger Areas - All have EG as the national prefix ▭ Scheduled ▭ Notified

† Special Use Airspace Crossing Service available from Identified unit.
§ Special Use Airspace Activity Information Service available from Identified unit.
‡ The upper limit is occasionally raised by Class 1 NOTAM.
✱ Contains airspace subject to byelaws which prohibit entry during the period of danger area activity. See UK AIP GEN 1.6.
‖ For those scheduled danger areas whose upper limit changes at specified times during its period of activity, only the higher of the upper limits is shown on the chart.
ᵗ Areas which may be active up to levels below the indicated upper limit.
◆ These times are one hour earlier during summer period. See UK AIP GEN 2.1.1 for start and finish of summer period.

†§	**D001**	When notified.	Culdrose APP on 134.055, at other times § London Information on 124.750 MHz, Pre-flight Information Culdrose Operations ☎ 01326 552415.
†‡§	**D003**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 121.255, at other times Swanwick Mil via London Information on 124.750 MHz.
†‡§	**D004**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	§ London Information on 124.750 MHz, Pre-flight Info/Booking FOST Duty Operations ☎ 01752 557550.
†§	**D005A**	When notified.	Culdrose APP on 134.050 MHz, at other times § London Information on 124.750 MHz,
†§	**D005B**	When notified.	Pre-flight Information Culdrose Operations☎ 01326 552201.
†§	**D006A**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 121.255, at other times Swanwick Mil via London Information on 124.750 MHz,
†§	**D006B**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	§ London Information on 124.750 MHz. D006A Pre-flight Information FOST Duty Operations ☎ 01752 557550.
†§	**D006C**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	D006B/C Pre-flight Information Culdrose Operations ☎ 01326 552201.
†‡§	**D007A**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 121.255, at other times Swanwick Mil via London Information on 124.750 MHz,
†§	**D007B**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	§ London Information on 124.750 MHz. D006A Pre-flight Information FOST Duty Operations ☎ 01752 557550.
†§	**D007C**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	
†§	**D008A**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	
†‡§	**D008C**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	
†‡§	**D009A**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	
†§	**D009B**	When notified.	
‡✱§	**D011A**	When notified.	§ London Information on 124.750 MHz, Pre-flight Information Range TSO ☎ 01837 657210.
‡✱§	**D011B**	When notified.	
‡✱§	**D011C**	When notified.	
†§	**D012**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 124.150 MHz, at other times Swanwick Mil via London Information on 124.750 MHz.
‡†§	**D013**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	§ London Information on 124.750 MHz. Pre-flight Info/Booking FOST Duty Operations ☎ 01752 557550.
†‡§	**D014**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	
§	**D015**	When notified.	§ London Information on 124.750 MHz, Pre-flight Range Controller ☎ 01929 403765.
‡†§	**D017**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 124.150 MHz, at other times Swanwick Mil via London Information on 124.750 MHz,
†‡§	**D021**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	§ London Information on 124.750 MHz, Pre-flight Info/Booking FOST Duty Operations ☎ 01752 557550.
†‡§	**D023**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	
†✱§	**D026**	◆ 0800-2359 Mon-Thu ◆ 0800-1600 Fri and as notified.	§ Plymouth Military on 124.150 MHz when open, London Information on 124.750 MHz thereafter. Booking: FOST Area Manager, NAVY FOST-SHIPS WAM) for the week before, FOST Duty Operations for the current week, email: NAVYFOST-SHIPSDOPS@mod.gov.uk or ☎ 01752 557550. Range Information on ☎ 01929 404859 or 01929 404712.
†§	**D031**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 124.150 MHz, at other times Swanwick Mil via London Information on 124.750 MHz, § London Information on 124.750 MHz, Pre-flight Info/Booking FOST Duty Operations ☎ 01752 557550.
†‡§	**D036**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 124.150 MHz, at other times, Swanwick Mil via London Information on 124.750 MHz, § London Information on 124.750 MHz or 124.600 MHz as appropriate or through Southampton or Jersey ATSUs, as appropriate, Pre-flight Info/Booking FOST Duty Operations ☎ 01752 557550.
†‡§	**D037**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Plymouth Military on 124.150 MHz, at other times Swanwick Mil via London Information on 124.750 MHz,
†‡§	**D038**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	§ London Information on 124.750 MHz or 124.600 MHz,
†‡§	**D039**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	Pre-flight Info/Booking FOST Duty Operations ☎ 01752 557550.
†‡§	**D040**	◆ 0800-1700 Mon-Thu ◆ 0800-1400 Fri and as notified.	
✱§	**D044**	H24.	§ Lydd Approach on 120.705 MHz, at other times London Information on 124.600 MHz, Pre-flight Information Range TSO ☎ 01303 225503.
✱§	**D061**	When notified.	§ Exeter APP on 128.980 MHz, at other times London Information on 124.750 MHz, Pre-flight Information Range TSO ☎ 01395 272972.
§	**D064A-C**	When notified.	§ London Information on 124.750 MHz, Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
§	**D110**	When notified.	§ London Information on 124.750 MHz, Pre-flight Information Range TSO ☎ 07870 377646 or 01395 277891.
✱§	**D113A**	When notified.	§ London Information on 124.750 MHz, Pre-flight Information Range Controller ☎ 01646 662496.
✱§	**D113B**	When notified.	
§	**D115A**	When notified.	§ London Information on 124.750 MHz, Pre-flight Information Range Controller ☎ 01834 871282.
§	**D115B**	When notified.	
‡✱§	**D117**	When notified.	§ London Information on 124.750 MHz, Pre-flight Information Range Controller ☎ 01994 452240.
†‡§	**D118**	◆ 0900-1600 Mon-Thu ◆ 0900-1400 Fri and as notified.	§ Pembrey Range on 122.755, at other times London Information on 124.750 MHz. Pre-flight Information Range ATC ☎ 01554 892205.
§	**D119**	When notified.	§ Yeovilton APP on 127.355 when open, at other times London Information on 124.750 MHz. Contact RNAS Yeovilton Air Operations ☎ 01935 455497.
†	**D120**	When notified.	§ Boscombe Down Zone on 126.705, Pre-flight Information Boscombe Down ATC ☎ 01980 663246.
†	**D122A-C**	When notified.	
‡†✱§	**D123**	H24.	Boscombe Down ATC on 126.705 when open; § Salisbury Information on 122.755 when open, at other times via London
‡†✱§	**D124**	When notified	Information on 124.750 MHz. Pre-flight Information SPTA Air Operations ☎ 01980 674710 or 01980 674730 when open.
‡†✱§	**D125** H24.	**D123, D125**: See ENR 5.1 for Upper vertical limit change times.	
‡†✱§	**D126**	H24.	Boscombe Down ATC on 126.705 when open; § Salisbury Information on 122.755 when open, at other times via London Information on 124.750 MHz. Pre-flight Information SPTA Air Operations ☎ 01980 674710 or 01980 674730 or Boscombe Down ATC ☎ 01980 663246.
‡†✱§	**D127**	H24.	See ENR 5.1 for Upper vertical limit change times. § Boscombe Down Zone on 126.705, at other times London Information on 124.750 MHz. Pre-flight Information Boscombe Down ATC ☎ 01980 663246.
†‡✱§	**D128**	H24.	Boscombe Down ATC on 126.705 when open; § Salisbury Information on 122.755 when open, at other times via London Information on 124.750 MHz. Pre-flight Information SPTA Air Operations ☎ 01980 674710 or 01980 674730.
†§	**D129**	Mon-Fri sunrise to sunset and when notified.	Oxford APP on 125.090 MHz, § Brize Zone on 119.005. Pre-flight Information Brize Norton ☎ 01993 895147.
‡†✱§	**D130**	H24.	§ Farnborough Radar on 133.440 MHz when open; at other times London Information on 124.600 MHz. Pre-flight Information Range Control ☎ 01420 483405.
✱§	**D132**	When notified.	§ Farnborough Radar on 133.440 MHz when open; at other times London Information on 124.600 MHz.
§	**D133A**	◆ 0800-2359 Mon-Fri and as notified.	Pre-flight Information Range TSO ☎ 01483 798304.
§	**D133B**	◆ 0800-2359 Mon-Fri and as notified.	
✱§	**D136**	When notified.	§ Southend APP on 130.780 MHz when open; at other times London Information on 124.600 MHz.
‡✱§	**D136A**	When notified.	Pre-flight Information Range Control ☎ 01702 383211 or 01702 383212.
§	**D138B**	When notified.	
✱§	**D138C**	When notified.	
‡✱§	**D138D**	When notified.	
‡✱§	**D139**	H24.	§ London Information on 124.600 MHz, Pre-flight Information Range TSO ☎ 01206 736149.
✱§	**D141**	H24.	§ Lydd Approach on 120.705 MHz when open; at other times London Information on 124.600 MHz. Pre-flight Information Range TSO ☎ 01303 225879.
§	**D147**	H24.	§ London Information on 124.750 MHz, Pre-flight Information Air Ops ☎ 01432 357311 Ext 2369. Booking Range Control ☎ 01432 357311 Ext 3239.
†§	**D148**	When notified.	§ Boscombe Down ATC on 126.705, at other times London Information on 124.750 MHz. Pre-flight Information Salisbury Operations ☎ 01980 674710.
†§	**D201A**	When notified.	Aberporth Radar on 120.835 MHz / 244.575 MHz or West Wales Radar on 127.090 MHz.
†§	**D201B**	When notified.	§ West Wales Information on 122.155 MHz.
†✱§	**D201C**	When notified.	Pre-flight Information Range Control ☎ 01239 813219.
†✱§	**D201D**	When notified.	
†‡§	**D201F**	When notified.	
†§	**D201G**	When notified.	
†✱§	**D201H**	When notified.	
†✱§	**D201J**	When notified.	
†§	**D201K**	When notified.	
†§	**D202A**	When notified.	Aberporth Radar on 120.835 MHz or 244.575 MHz or West Wales Radar on 127.090 MHz.
†§	**D202B**	When notified.	§ West Wales Information on 122.155 MHz
†§	**D202C**	When notified.	Pre-flight Information Range Control ☎ 01239 813219.
†§	**D202D**	When notified.	
†✱§	**D203**	H24.	See ENR 5.1 for Upper vertical limit change times. § London Information on 124.750 MHz, Pre-flight Information Range Control ☎ 01874 635599.
†§	**D207**	◆ 0900-1700 Mon-Thu ◆ 0900-1200 Fri. ◆ 1700-2200 Tue and Thu and as notified (Sep-Apr).	Holbeach Range on 122.755 when open, § Holbeach Range on 122.755 when open; at other times § London Information on 124.600 MHz, Pre-flight Information Range Ops ☎ 01406 550083. Bookings ☎ 01406 550364 Ext 7119.
†✱§	**D208**	H24.	§ Lakenheath Zone on 128.900 MHz, Pre-flight Information Range Control ☎ 01842 855367.
§	**D211**	When notified.	§ London Information on 124.750 MHz, Pre-flight Information Range TSO ☎ 01785 763134.
§	**D213**	When notified.	§ Coventry Information on 123.830 MHz when open, at other times § London Information on 124.600 MHz. Pre-flight Information Range TSO ☎ 01869 257489.
†§	**D216**	H24.	§ London Information on 124.750 MHz, Pre-flight Information Air Ops ☎ 01432 357311 Ext 2369. Booking Range Control ☎ 01432 357311 Ext 3239.
§	**D217A-K**	When notified.	§ Llanbedr Information 118.930 MHz, Pre-flight Information Llanbedr Information ☎ 01341 241356.
†§	**D218A**	When notified.	**D218A** - Brize Radar on 124.280,
†§	**D218B**	When notified.	**D218B** - Below FL160 Brize Radar on 124.280, at/above FL160 on Swanwick Mil on 128.700 MHz,
†§	**D218C**	When notified.	**D218C/D** - Swanwick Mil on 128.700 MHz,
†§	**D218D**	When notified.	§ London Information on 124.750 MHz, Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
†§	**D220A**	When notified.	Marham ATC on 124.155. § London Information on 124.600 MHz. Contact Marham ATC ☎ 01760 337261.
†§	**D220B**	When notified.	
✱§	**D304**	When notified.	§ Manchester APP on 118.580 MHz. Pre-flight Information Range TSO ☎ 01785 763134.
§	**D305**	When notified.	§ London Information on 124.600 MHz, Pre-flight Information Range TSO ☎ 07769 730481.
†‡§	**D307**	◆ 0900-1630 Mon-Thu ◆ 0900-1500 Fri. ◆ 1630-2200 Mon and Wed and as notified (Sep-Apr).	Donna Nook Range on 122.755 when open, § Donna Nook Range on 122.755 when open; at other times § London Information on 124.600 MHz, Pre-flight Information Range ATC ☎ 01507 359126.
§	**D314**	◆ 0800-1900 Mon-Fri.	§ Manchester APP on 118.580 MHz. Pre-flight Information HSE (The Health and Safety Executive) ☎ 02030 282000.
†§	**D323A-H** **D323J-N** **D323P-R**	When notified.	§ London Information on 125.475 MHz, Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
†§	**D324A**	When notified.	Waddington ATC on 119.505 MHz, § London Information on 124.600 MHz,
†§	**D324B**		Pre-flight Information Waddington ATC ☎ 01522 727451/727452.
✱§	**D401**	◆ 0800-2359 daily.	§ Scottish Information on 127.275 MHz, Pre-flight Information Range Control ☎ 02844 610392.
‡§	**D402A**	When notified.	§ Luce Bay Information on 130.050 MHz or Scottish Information on 119.875 MHz,
‡§	**D402B**	When notified.	Pre-flight Information Range Control ☎ 01776 888930.
§	**D402C**	When notified.	On no account should negative contact on 130.050 MHz be taken as non activity of the range.
§	**D403A**	When notified.	
§	**D403B**	When notified.	
†§	**D405**	When notified.	§ Scottish Information on 119.875 MHz, Pre-flight Information Kirkcudbright Range TSO ☎ 01412 248500/248501 (DTSO).
‡✱§	**D406A**	When notified.	§ London Information on 125.475 MHz,
‡§	**D406B**	When notified.	Pre-flight Information Eskmeals Range ☎ 01229 712245 or 01229 712233,
§	**D406C**	When notified.	**D406A** - Aircraft following the west coast may proceed through the danger area at a height not below 2000FT, but it is essential that they remain east of the main railway line paralleling the coast while within the danger area.
‡✱§	**D407**	◆ 0730-0200 Mon-Sat ◆ 0730-1300 Sun and as notified.	§ London Information on 125.475 MHz, Pre-flight Information Range TSO ☎ 01768 343223/343225/343226.
‡✱§	**D408**	◆ 0830-1630 and as notified.	§ Leeming Zone on 133.380 when open; at other times London Information on 125.475 MHz. Pre-flight Information Range TSO ☎ 01748 875502.
✱§	**D410**	When notified.	§ Leeming Zone on 133.380 when open; at other times London Information on 125.475 MHz. Pre-flight Information Range TSO ☎ 01904 442266.
§	**D412**	When notified.	§ London Information on 125.475 MHz, Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
✱§	**D442**	H24.	§ Leeming Zone on 133.380 when open; at other times London Information on 125.475 MHz. Pre-flight Information Range TSO ☎ 01748 875502.
‡✱§	**D505**	◆ 0800-2359 daily.	§ Scottish Information on 127.275 MHz, Pre-flight Information Range TSO ☎ 02877 720029.
†§	**D508**	◆ 0800-1700 Mon-Fri and as notified.	Newcastle APP on 124.380 MHz, § Scottish Information on 119.875 MHz, Pre-flight Information Range Reception ☎ 01434 220952.
§	**D509**	When notified.	§ Scottish Information on 119.875 MHz, Pre-flight Information CTF311 Operations ☎ 01923 956371.
‡†§	**D510A-C**	◆ 0900-1700 Mon-Thu ◆ 0900-1600 Fri and as notified.	Spadeadam on 128.725 MHz, § Newcastle APP on 124.380 MHz, Pre-flight Information Range ATC ☎ 01697 749486 or 01697 749488.
✱§	**D512A**	When notified, ***not from***	§ Scottish Information on 119.875 MHz, Pre-flight Information Range Control ☎ 01912 394261.
‡✱§	**D512B**	◆ 0600-0900 Mon-Fri or ◆ 1700-1900 Mon-Thu. H24, For notifiable upper limit extension, ***not from*** ◆ 0600-0900 Mon-Fri or ◆ 1700-1900 Mon-Thu.	
§	**D513A**	When notified.	§ Scottish Information on 134.775 MHz.
§	**D513B**	When notified.	Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
§	**D513C**	When notified.	
§	**D514**	When notified.	§ Scottish Information on 119.875 MHz and London Information on 125.475 MHz. Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
§	**D601**	◆ 0800-2359 daily and as notified.	§ Scottish Information on 119.875 MHz, Pre-flight Information Range TSO ☎ 01412 248123.
‡✱§	**D604**	H24.	§ Leuchars APP on 126.505. Pre-flight Information Range TSO ☎ 01313 103426.
§	**D613A**	When notified.	§ Swanwick Military on 136.375 MHz.
§	**D613B**	When notified.	Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
§	**D613C**	When notified.	
§	**D613D**	When notified.	
§	**D701A-Y**	When notified.	§ Scottish Information on 127.275 MHz, Pre-flight Information Range Control ☎ 01870 604449.
✱§	**D702**	◆ 0800-1600 daily and as notified.	§ Inverness Radar on 122.605 MHz when open: at other times Scottish Information on 134.850 MHz. Pre-flight Information Range TSO ☎ 01313 108124 or 01313 108114.
‡†✱§	**D703**	◆ 0900-2200 Mon-Thu ◆ 0900-1400 Fri and as notified.	Tain Range on 122.755 when open, § Tain Range on 122.755 when open; at other times Scottish Information on 134.850 MHz, Pre-flight Information Range ATC ☎ 01862 892185 Ext 4945.
†§	**D704**	When notified.	SUACS Benbecula APP on 119.205 when open. § London Information on 124.750 MHz, Pre-flight Information Range Control ☎ 01870 604449, § Scottish Information on 127.275 MHz, Pre-flight Information Range Control ☎ 01870 604449.
✱§	**D710**	When notified sunrise to sunset Mon-Sat.	
	D712A	When notified.	Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
	D712B	When notified.	
	D712C	When notified.	
	D712D	When notified.	
	D713	When notified.	Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
§	**D714A**	When notified.	§ Scottish Information on 127.275 MHz, Pre-flight Information MOD Hebrides Range Control ☎ 01870 604449.
§	**D714B**	When notified.	
✱§	**D801**	When notified.	§ Scottish Information on 133.675 MHz, Pre-flight Information Range Control ☎ 01971 511242 when open; at other times
✱§	**D802**	When notified.	Tain Range ATC☎ 01862 892185 Ext 4945.
§	**D803**	When notified.	
§	**D809N**	When notified.	§ Scottish Information on 133.675 MHz.
§	**D809C**	When notified.	Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
§	**D809S**	When notified.	
	D901	When notified.	Booking: Military Airspace Management Cell - Managed Airspace ☎ 01489 612495.
	D902A-H	When notified.	Contact: SaxaVord Range Operations ☎ 01479 782040, email: rangeops@shetlandspacecentre.com.

Restricted Areas - All have EG as the national prefix ▭ Scheduled ▭ Notified

R002	**Devonport**	Flight permitted by a helicopter for the purpose of landing at or taking off from Kinterbury Point (KP) Helicopter Landing Site (HLS) and Ships within HM Naval Base with the permission of FOST/Plymouth Military Radar and in accordance with any conditions to which permission is subject.
R063	**Dungeness**	(i) Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Dungeness, PPR. (ii) Flight permitted by an aircraft which has taken off from or intends to land at London Ashford (Lydd) Airport remaining at least 1.5NM from the installation (505449N 0005717E).
R095	**Sark**	Flight not permitted except in conformity with any permission granted by or on behalf of the Channel Islands Director of Civil Aviation. The Island of Sark is within Bailiwick of Guernsey territorial waters although within the Brest FIR.
R101	**Aldermaston**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Aldermaston, PPR.
R104	**Burghfield**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Burghfield, PPR.
R105	**Highgrove House**	Flight permitted by; any aircraft in the service of National Police Air Service; any aircraft flying in the service of the Helicopter Emergency Medical Service; any aircraft flying in the service of the Maritime and Coastguard Agency; any aircraft flying in the service of The King's Helicopter Flight; any aircraft flying in accordance with a permission issued by the Gloucestershire Constabulary Royalty Household Protection Group; any aircraft either operated by a member of the Royal Family, or landing in the grounds of Highgrove House at the invitation of the person in charge of the household there, provided that the Gloucestershire Constabulary Royalty Household Protection Group has been informed in advance of such intended flight or landing.
R106	**Raymill House**	Flight permitted by aircraft operating for or on behalf of; National Police Air Service, Helicopter Emergency Medical Services, Maritime and Coastguard Agency, The King's Helicopter Flight. Flying in accordance with an agreed exemption issued by, or with the permission of, the Wiltshire Police Constabulary Royalty Protection Department.
R107	**Belmarsh**	Applies to helicopters only, except those making an IFR approach (cloud break purposes) to London/City Airport or operated by UK Police Forces.
R153	**Hinkley Point**	(i) Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Hinkley Point, PPR. (ii) Flight permitted by a helicopter flying within the Bridgwater Bay Danger Area remaining at least 1NM from the installation (511233N 0030749W).
R154	**Oldbury**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Oldbury, PPR.
R155	**Berkeley**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Berkeley, PPR.
R156	**Windsor Castle**	Flight permitted by; any aircraft operating for or on behalf of; National Police Air Service, The Helicopter Emergency Medical Service, The Maritime and Coastguard Agency for the purposes of search and rescue operations; any aircraft operating for or on behalf of The King's Helicopter Flight, or operated by a member of the Royal Family; any aircraft flying in accordance with an agreed exemption issued by, or with the permission of, the Metropolitan Police (Royalty and Special Protection); or landing in the grounds of Windsor Great Park at the invitation of the Director of Royal Travel provided that Protective Security Operations (PSO) has been informed in advance of such intended flight or landing; any aircraft approaching to, or departing from, London Heathrow Airport.
R157	**Hyde Park**	Flight permitted by; any aircraft in the service of the Chief Officer of Police for the Metropolitan Police District; any aircraft flying in accordance with Special Flight Notification
R158	**City of London**	issued by the appropriate ATC unit; any helicopter flying on Helicopter Route H4; any aircraft flying in accordance with an Enhanced Non-Standard Flight clearance issued by
R159	**Isle of Dogs**	the appropriate ATC unit (**R159** only - any aircraft approaching or departing from London/City Airport). See also ENR 1.1, paragraph 4.1.6.
R160	**The Specified Area**	Except with written permission of the CAA (☎ 01293 567171) a helicopter shall not fly over this area below such a height as would enable it, in event of an engine failure, to land clear of the area. See also ENR 1.1, subsection 4.
R161	**Windsor Great Park**	Flight permitted by; any aircraft making an approach to or departure from London Heathrow Airport whilst under the control of London Terminal Control, Swanwick or the air traffic control unit at London Heathrow Airport; any aircraft operated by or on behalf of a Police Support Unit; any aircraft operated by or on behalf of an Emergency Medical Service; any aircraft operated by or on behalf of the Maritime and Coastguard Agency for the purposes of search and rescue operations; any aircraft operated by or on behalf of the King's Helicopter Flight; any aircraft operated by or on behalf of a member of the Royal Family; any aircraft flying in accordance with an agreed exemption issued by, or with the permission of, the Thames Valley Police Service.
R204	**Long Lartin**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R212	**Whitemoor**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R214	**Woodhill**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R217	**Sizewell**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Sizewell, PPR.
R219	**Sandringham House**	Flight permitted by; any aircraft operated by or on behalf of a Police Air Support Unit, any aircraft operated by or on behalf of an Emergency Medical Service, any aircraft operated by or on behalf of the Maritime and Coastguard Agency, any aircraft operated by or on behalf of the King's Helicopter Flight, any aircraft operated by or on behalf of a member of the Royal Family, any Aircraft flying in accordance with the permission of the Norfolk and Suffolk Constabulary Royalty and VIP Protection Unit, any aircraft landing in the grounds of Sandringham House at the invitation of the person in charge of the household there, provided that the Norfolk and Suffolk Constabulary Royalty and VIP Protection Unit has been informed in advance of such intended landing.
R220	**Anmer Hall**	Flight permitted by; any aircraft in the service of National Police Air Service; any aircraft flying in the service of the Helicopter Emergency Medical Service; any aircraft flying in the service of the Maritime and Coastguard Agency; any aircraft flying in the service of The King's Helicopter Flight; any aircraft flying in accordance with a permission issued by the Norfolk and Suffolk Constabulary Royalty and VIP Protection Unit; any aircraft either operated by a member of the Royal Family, or landing in the grounds of Anmer Hall at the invitation of the person in charge of the household there, provided that the Norfolk and Suffolk Constabulary Royalty and VIP Protection Unit has been informed in advance of such intended flight or landing.
R311	**Capenhurst**	
R312	**Springfields**	(i) Flight permitted at not less than 1670FT AMSL for the purpose of landing at Blackpool Airport or in airspace lying south of a straight line joining 534644N 0024454W to 534513N 0025044W for the purpose of landing at or taking off from Warton Aerodrome. (ii) Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Springfields, PPR.
R315	**Full Sutton**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R319	**Manchester**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R321	**Wakefield**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R322	**Wyfa**	(i) Flight permitted at a height of not less than 2000FT AGL, whilst operating under and in accordance with a clearance from ATC RAF Valley, (ii) Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Wyfa, PPR.
R323	**North West Transit Corridor**	Flight permitted by any aircraft: (a) flying in accordance with the following criteria : (i) at a speed which according to its airspeed Indicator Is 140 KT or less; (ii) in-flight visibility of 5 KM or more; (iii) mandatory use of the Manchester or Liverpool atmospheric pressure setting QNH (a); and (iv) a maximum certificated take-off mass (MCTOM) of up to 40,000 KG. (b) Restriction (a)(ii) does not apply to any aircraft operated by or on behalf of - (i) the National Police Air Service; (ii) the Helicopter Emergency Medical Service; (iii) The King's Helicopter Flight; or (iv) the Maritime and Coastguard Agency for the purpose of search and rescue only. (c) The restrictions listed in paragraph (a) do not apply to unmanned aerial systems flying in accordance with visual line of sight below 400 FT AGL, or those operating with the authorisation of the Civil Aviation Authority, (d) aircraft where flying is already prohibited by the Air Navigation (Restriction of Flying) (Phlsons and Young Offender Institutions) (England and Wales) Regulations 2023(a), remain prohibited.
R413	**Sellafield**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Sellafield, PPR.
R431	**Magnaberry**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R432	**Frankland/Durham**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R444	**Heysham**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Heysham. PPR, For microlight access to Middleton Sands contact BMAA head office.
R445	**Barrow-in-Furness**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Barrow-in-Furness. PPR.
R446	**Hartlepool**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Hartlepool, PPR. Flight at a height of not less than 1800FT AMSL whilst conducting an Instrument approach procedure at Durham Tees Valley Airport.
R504	**Shotts**	Applies to helicopters only, Except those operated by or on behalf of UK Police Forces.
R515	**Hunterston**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Hunterston, PPR.
R516	**Torness**	Flight permitted for the purpose of landing at or taking off from the helicopter landing area at Torness, PPR.
R603	**Rosyth**	Flight permitted within the route notified as the Kelty Lane for the purpose of making an approach to land at, or departure from Edinburgh Airport.
R610A	**Highlands**	Not permanently active. Activation times promulgated via NOTAM.
R610B		When active, entry of non-participating aircraft is prohibited unless flying with an authorisation given by the Low-Flying Operations Flight (LFOF) at
R610C		RAF(U) Swanwick ☎ 01489 443100, EGR610CD Additionally a tactical clearance may be provided by the Range Control Officer for Tain Range
R610D		during their hours of operation on 122.755.
		In the event of an emergency which requires airborne assistance the HRA will be cleared of military low flying aircraft.
		Clearance for emergency service aircraft will be given by Scottish Area Control Centre in conjunction with the LFBC and the Aeronautical Rescue Co-ordination Centre.
R704	**Balmoral**	**In the period 0001 hours on 16th May and ending at 2359 hours on 2nd June each year, and In the period 0001 hours on 10th July and endIng at 2359 hours on 31st October each year.**
		Flight permitted by; any aircraft operated by, or on behalf of, Police Scotland, the Scottish Air Ambulance Service, the Maritime and Coastguard Agency for the purposes of a Search and Rescue operation, or The King's Helicopter Flight. Any aircraft flying in accordance with a permission issued by the Police Scotland Royalty and VIP Planning North Unit or the Metropolitan Police, Royalty and Specialist Protection, or either operated by a member of the Royal Family, or landing in the grounds of Balmoral at the Invitation of the person In charge of the household there, provided that the Police Scotland Royalty and VIP Planning North Unit or the Metropolitan Police, Royalty and Specialist Protection has been informed in advance of such intended flight or landing.
R705	**Birkhall**	Flight permitted by; any aircraft operated by, or on behalf of, Police Scotland, the Scottish Air Ambulance Service, the Maritime and Coastguard Agency for the purposes of a Search and Rescue operation, or The King's Helicopter Flight. Any aircraft flying in accordance with a permission issued by the Police Scotland Royalty and VIP Planning North Unit or the Metropolitan Police, Royalty and Specialist Protection, or either operated by a member of the Royal Family, or landing in the grounds of Birkhall at the invitation of the person In charge of the household there, provided that the Police Scotland Royalty and VIP Planning North Unit or the Metropolitan Police, Royalty and Specialist Protection has been informed in advance of such intended flight or landing.

Prohibited Areas - All have EG as the national prefix

P611	Codport/Fastlane
P613	Dounreay

Permanently Sited Lasers

Chilbolton 1 & 2	Visible beam is potentially hazardous to aircrew at night, Operator extinguishes beam when aircraft are sighted in the vicinity, Operational H24.
MOD Porton Down	Emitted light contained within range boundaries. Laser operations for short and sustained periods at various times of day and night.
NERC Space Geodesy Facility (Herstmonceux Castle)	Visible beam is potentially hazardous to aircrew. Operator extinguishes beam when aircraft are sighted in the vicinity. Laser operations are H24 throughout the year.
Portsdown West	Operational H24,
Clnst/O Pershore	
UK MET Office Camborne	Operational H24,
UK MET Office East Malling	Operational H24,
UK MET Office Exeter	Operational H24,
UK MET Office Glasgow Bishopton	Operational H24,
UK MET Office Lerwick	Operational H24,
UK MET Office Loftus	Operational H24,
UK MET Office Portglenone	Operational H24,
UK MET Office Rhyl	Operational H24,
UK MET Office Stornoway Drum a Starralg	Operational H24,
UK MET Office Watnall	Operational H24,
University of Hertfordshire	Visible beam is potentially hazardous to aircrew. System extinguishes beam when aircraft are observed by radar with +/- 15 degrees of the vertical position. Operational H24.

Military Training Areas

East Anglian MTA	**Low:**	When notified.
	High:	When notified.
North Wales MTA (North)	**Low:**	When notified.
	High:	When notified.
North Wales MTA (South)	**Low:**	When notified.
	High:	When notified.

Air To Air Refuelling Areas ••••••••••••••••••••

AREA 1	Active when notified	Information: Swanwick (Mil)	**AREA 8**	Permanently available	Information: Swanwick (Mil)
AREA 2	Permanently available	Information: Swanwick (Mil)	**AREA 9**	Permanently available	Information: Swanwick (Mil)
AREA 3	Permanently available	Information: Swanwick (Mil)	**AREA 10 (E&W)**	Active when notified	Information: Swanwick (Mil)
AREA 4	Permanently available	Information: Swanwick (Mil)	**AREA 11**	Active when notified	Information: Swanwick (Mil)
AREA 5	Permanently available	Information: Swanwick (Mil)	**AREA 12**	Active when notified	Information: Swanwick (Mil)
AREA 6	Permanently available	Information: Swanwick (Mil)	**AREA 13**	Active when notified	Information: Swanwick (Mil)
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